



# Ministry of Health and Social Services

# **Republic of Namibia**

	NAMIBIA COVID-19 SITUATION REPORT NO. 85					
Outbreak Name	COVID-19 outbreak	Country affected	Namibia			
Date & Time of this report	11.06.2020 21:45 hrs	Investigation start date	13 March 2020			
Prepared by	Surveillance Team					

# 1. SITUATION UPDATE / HIGHLIGHTS

- No new confirmed case was recorded today (11 June 2020)
- Cumulatively, 31 confirmed cases have been reported in the country.
- Of the 31 confirmed cases, seventeen 17 (54.8%) have recovered.
- Twenty-seven 27 (87.1%) of the confirmed cases are imported while 4 (12.9%) are local transmissions.
- No death has been recorded, case fatality rate is 0%
- There is no evidence of community transmission in the country at the moment.
- On 08 June 2020, His Excellency, The President of the Republic of Namibia announced the extension of the Stage 1 restrictions imposed on the Walvis Bay Local Authority Area to the entire Erongo region;
  - o Effective from midnight 08 June 2020 until mignight 22 June 2020.
- The other regions are still under Stage 3 of national lockdown which covers a period of 28 days/ two incubation periods (01 June 2020 – 29 June 2020).

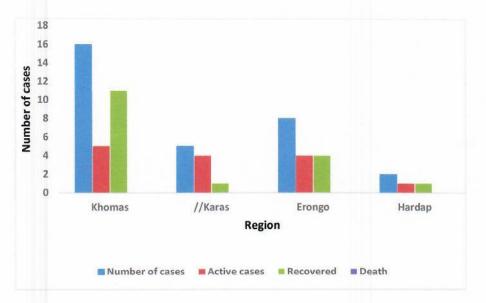
#### 2. BACKGROUND

#### **Description of the cases**

- Index cases: Two confirmed cases of COVID-19 were reported in Windhoek district on 13 March 2020. The married couple; a 35-year-old male and a 25-yearold female, arrived from Madrid, Spain on 11 March 2020.
  - The last confirmed cases were reported on 07 June 2020, a 27-years and 50 years old Namibian females who travelled from India via South Africa. They arrived in the country on 24 May 2020 by road.

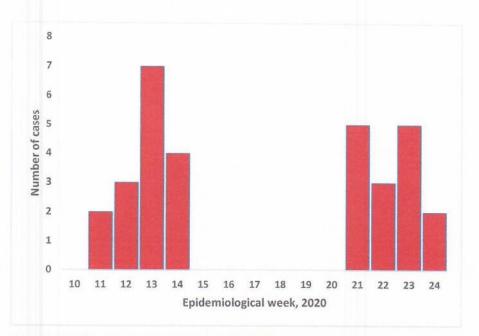
#### **3. EPIDEMIOLOGY**

Since 14 March, 2020 when the COVID-19 outbreak was declared in Namibia, a total of **31** cases have been confirmed. So far, four (4) regions have been affected, of which Khomas region recorded the highest number of cases; **16** (**51.6%**), while Hardap region recorded the least; **2** (6.5%), as per figure 1, below



# Figure 1 Distribution of Confirmed COVID-19 cases in Namibia, by region as of 11 June 2020

As presented in figure 2 below, Namibia recorded its cases of COVID-19 during epidemiological weeks 11, 12, 13, 14, 21, 22, 23 and 24 and most cases (7) were recorded during epidemiological week 13.



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Figure 2: Epi-curve for confirmed COVID-19 cases in Namibia as of 11 June 2020

Of the 31 confirmed cases, more males; 21 (67.7%) are infected compared to their female counterparts; 10 (32.3%).

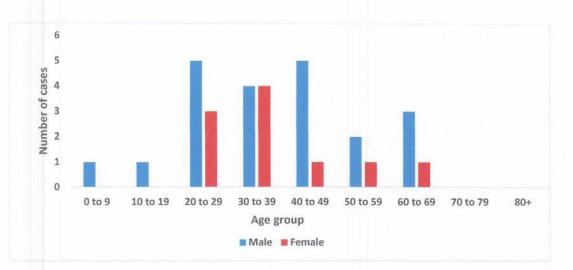


Figure 3: Age and sex distribution of COVID-19 confirmed cases in Namibia as of 11 June 2020

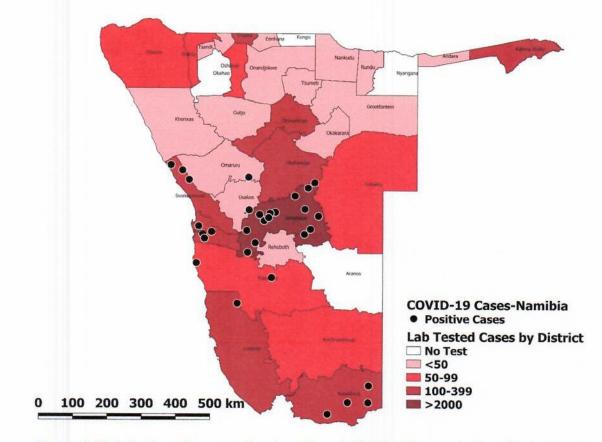


Figure 4: Distribution of suspected and confirmed COVID-19 cases in Namibia by District, 11 June 2020

# 4. PUBLIC HEALTH ACTION / RESPONSE INTERVENTIONS AND SURVEILLANCE

• Case definitions as of 20 March 2020: Suspected case:

**A**. A patient with acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath), AND a history of travel to or residence in a location reporting community transmission of COVID-19 disease during the 14 days prior to symptom onset; OR

B. A patient with any acute respiratory illness AND having been in contact with a confirmed or probable COVID-19 case in the last 14 days prior to symptom onset; OR

C. A patient with severe acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath; AND

requiring hospitalization) AND in the absence of an alternative diagnosis that fully explains the clinical presentation.

**Probable case:** A suspect case for whom testing for COVID-19 is inconclusive. Inconclusive being the result of the test reported by the laboratory

**Confirmed case:** A person with laboratory confirmation of COVID-19 infection, irrespective of clinical signs and symptoms

Active surveillance working case definition as of 20 April 2020

A patient diagnosed with Upper/Lower Respiratory Infection (Mild or Severe) presenting any of the following signs and symptoms: cough, sore throat, fever, chills, myalgia/body pains or shortness of breath in the past 7 days.

- Surveillance activities
  - Call centre continue operations for 24 hours every day; 610 calls were answered at the hotline today (11.06.2020) and 11 alerts were investigated.
  - Namibia COVID-19 dashboard accessible via a link on the MoHSS's website <u>http://www.mhss.gov.na/</u> or at <u>https://cutt.ly/Covid-19-situation-Namibia</u>
  - Active case search in all regions is on going.
  - Contact tracing and monitoring is ongoing (see Table 1).
  - Mandatory supervised quarantine of all persons arriving from abroad is ongoing (see Table 2).
    - All people are tested upon entry into mandatory quarantine for rapid detection of positive cases.
    - All people in quarantine are monitored daily for 14 days and are being tested on day 12 before release on day 15 if they test negative.

#### **Contact tracing Summary**

As of 11 June 2020, a total of 525 contacts have been identified. Four hundred and twentyseven (427) contacts have completed their 14 days of follow up and 86 are still active and being monitored daily for 14 days (Table 1).

Variables	High	Medium	Low	Total
Total Number of contacts listed for follow up (potential)	174	97	273	544
Total Number of contacts identified (cumulative)	174	97	254	525
Total number of Contacts never reached	1	0	33	34
Total Number of contacts lost to follow up	0	2	5	7
Total Number of contacts that developed signs & symptoms	25	9	9	43
Total Number of contacts that tested positive (became cases)	4	1	0	5
Number of active contacts monitored/followed in the last 24hrs	32	15	39	86
Total number of Contacts completed 14-days follow up	140	81	206	427

# Table 1: National contacts tracing summary for COVID-19 as of 11 June 2020

As of 11 June 2020, a total of 2769 persons who came into the country have been placed into supervised quarantine facilities around the country. Of the 2769, 1995 have been discharged and 774 are currently quarantined (Table 2).

Region	Newly quarantined 24 hours	Cumulative number of people	Number people discharged	Number of people i quarantine now	
Kunene	0	53	53	0	
Omaheke	0	92	57	35	
Kavango	0	65	50	15	
Omusati	0	102	84	18	
Oshana	0	23	18	5	
Ohangwena	0	190	147	43	
Hardap	3	146	135	11	
Otjozondjupa	3	328	299	29	
Khomas	18	886	477	409	
Zambezi	6	349	292	57	
//Karas	0	351	278	73	
Erongo	0	142	81	61	
Oshikoto	0	42	24	18	
Total	30	2769	1995	774	

# Table 2: Number of people in mandatory quarantine facilities as of 11 June 2020

Destination	Country of departure							
	RSA	Zambia	Botswana & RSA	Botswana	DRC	Angola	Zimbabwe	Total
Karas	50	0		0	0	0	0	50
Khomas	128	0	20	0	0	2	0	150
Oshana	7	0	4	0	0	0	0	11
Otjozondjupa	6	1	3	0	0	0	0	10
Kavango	1	0	0	2	0	0	0	3
Ohangwena	6	0	1	0	0	0	0	7
Hardap	1	0	0	0	0	0	0	1
Kunene	0	0	0	0	0	0	0	0
Omaheke	1	0	1	0	0	0	0	1
Omusati	0	0	0	0	0	0	0	0
Oshikoto	3	0	0	0	0	0	0	3
Zambezi	0	0	0	0	0	0	0	0
Erongo	8	50	14	1	0	0	0	73
Total	211	51	43	3	0	2	0	310

Table 3. Distribution of truck drivers who came into Namibia from neighboring countriesand their destination regions on 11 June 2020

The majority **211** (68.1%) of the truck drivers departed from South Africa to various destinations, of which the highest number (128) was headed to Khomas Region (Table 3).

# LABORATORY INVESTIGATIONS

• As of 11 June 2020, a total of **5513** (including **396 re-tested**) COVID-19 specimens have been tested in the two laboratories (NIP and Path Care) as per **Table 5** below:

Table 5: COVID-19	specimens	recorded	at NIP	and Path	care	Laboratories	as of 11.	June
2020								

Variables	Laboratory				
	NIP	Path care	South Africa	Total	
Total sample received by the Laboratory	4431	1159	-	5590	
Total sample tested	3993	1124	-	5117	
Total sample re-tested	369	27	-	396	
Total results positive	23	7	1	31	
Total results negative	3970	1117	-	5087	
Total sample discarded	68	8	-	76	
Total sample missing	0	0	-	0	
Total results pending	1	0	-	1	
Total results inconclusive/indeterminate	0	0	- *	0	
Total new suspected cases in last 24 hours	126	23	-	149	

# COUNTRY COORDINATION, PLANNING AND MONITORING

- Reviewed and incorporated inputs to the COVID19 organogram from the deputy incident manager, and agreed to submit these through the pillar lead to IM/Senior executives for their final inputs and endorsement.
- UN Namibia donated assorted flow charts and posters on surveillance covering contact tracing structure, contact identification and categorization, case definition, laboratory results sharing structures.

# **CASE MANAGEMENT:**

- Out of the 31 cumulative confirmed cases, 17 have recovered after testing negative twice for COVID-19 at 48 hours' interval.
- Of the 14 active cases, 1 is still in ICU but in a stable and improving condition. The other 13 are clinically stable.

# **INFECTION PREVENTION AND CONTROL:**

- IPC activities are on going:
  - Distribution of PPE according to the Regional plans
  - o Monitoring of IPC in health facilities
- Three additional members have been recruited from CDC and Quality Assurance to support the national IPC team.
- Continous monitoring of nationa IPC stock levels
  - o Full PPE 2349
  - o Respirators 6087
  - o Medical masks 1309

# LOGISTICS.

• Facilitation of the allocation of quarantine facilities around the country and transportation of discharged people from quarantine facilities is ongoing.

# **POINTS OF ENTRY:**

 Ongoing screening and inspection of incoming travellers and trucks at points of entry and check points.

# **RISK COMMUNICATION AND COMMUNITY ENGAGEMENT:**

• The COVID-19 Communication Center continues to update the public on the status of the outbreak, the impact on different sectors and address rumours around COVID-19.

# **PSYCHOSOCIAL SUPPORT SERVICES:**

- Continous provision of health education, psychosocial support services to persons in need;
  - o Confirmed cases and their families
  - People in quarantine

#### 5. CHALLENGES:

- Inadequate isolation units at health facilities in the regions.
- Insufficient PPE and swabs for sample collection from suspected cases identified through active case search in some districts.
- Inadequate nasopharyngeal swabs and appropriate transport media.

# 6. RECOMMENDATIONS AND WAY FORWARD:

- Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to continue sourcing for swabs and appropriate transport media for all districts.

# **Approved:**

Incident Manager Date: 11 June 2020

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